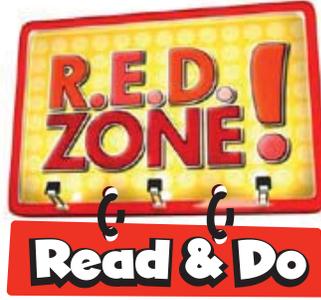


# Today I Feel Silly

by Jamie Lee Curtis

Rhyming text make this book a pleasure to read with each page providing its own outrageous adventure.



## Read

### Before:

Introduce the book and tell the children a little bit about it. Follow that with a comment or question that is related to the story such as, *This is a story about the moods that children might encounter day to day and the many different feelings that go along with different moods.* Encourage a discussion so the children can comment, ask questions, and express their feelings. Set the stage for listening by asking an "I wonder" statement based on the cover illustration.

- I wonder if that hat makes her feel silly?

### During:

Encourage the children to comment on the illustrations, ask questions, and predict what will happen next in the story. Children gain confidence and a sense of achievement through being able to correctly predict how a story will end. Point out "rare words" (e.g., those words that are not commonly used in every day conversation) and help the children relate the meaning in a way that makes sense to them.

### Rare Words in *Today I Feel Silly*

- rouge: reddish makeup for cheeks
- fern: a plant with no flowers
- pinched: to painfully squeeze a part of the body
- first-rate: of the best quality
- freckles: a harmless small brownish patch on somebody's skin
- relay: a race between teams in which each member of a team takes a turn running part of the distance
- confused: unable to think clearly
- hairy: filled with difficulties
- crush: a temporary romantic attraction
- cranky: grouchy and easily irritated
- dyed: color something by soaking
- flu: a viral illness producing a high temperature, sore throat, running nose, headache, dry cough and muscle pain
- knit: to interlock loops of yarn to make a garment
- braid: to interweave three or more strands of hair
- solo: a musical piece performed by one person
- pizzazz: energy and style
- discouraged: feeling less motivated
- frustrated: feeling unsatisfied
- tattled: to talk about the personal secrets or plans of others
- absolute: unquestionable

## After:

Discuss the story. Ask questions...

- The girl puts makeup on the cat. Have you ever put makeup somewhere it doesn't belong?
- What does it mean to "dress like a star?"
- When the girl is angry, her face turns red. What are some other ways you can tell if someone is angry?
- What are some things that would make your mood first-rate?
- Do you always feel better after you cry?
- I get cranky when I'm hungry. What makes you cranky?
- Why does the girl feel lonely? Do you ever feel lonely?
- What are some different feelings you would experience if you had to do a solo in front of the class? Would you be excited? Nervous? Frightened?
- What are some activities you do at recess? How does each activity make you feel?



**Do**

## Simon Says

Play Simon Says using emotions: Simon Says "show me a grumpy face." You can have each child do a different emotion or have them all do the same emotion.